



5km Parkrun Handicap Results

12 July 2025

Name	Time Plus Handicap	Predicted Time	Handicap	Actual Time
Runners				
Jason Neal	38:32	22:04	17:30	21:02
Alistair Savage	38:46	28:27	11:00	27:46
John Dickason	39:19	34:03	05:30	33:49
Jim Mercer	40:06	28:32	11:00	29:06
Tracey Sims	40:56	27:34	12:00	28:56
Hannah Gilhooly	41:03	25:05	14:30	26:33
Anne Mercer	41:25	39:36	00:00	41:25
Ed Gilhooly	42:57	25:37	14:00	28:57
Walkers				
Kay Leach	53:29	50:06	04:45	48:44
Karen Savage	55:00	48:54	05:45	49:15
Julie Hunter	55:40	54:48	00:00	55:40
Phillippa Barnes	57:13	44:20	10:30	46:43
Bill Hunter	59:02	50:54	03:45	55:17
Allister Leach	59:45	51:09	03:30	56:15